

Anima Christi - Prayer after Communion

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds, conceal me.

Do not permit me to be parted from you.

From the evil foe, protect me.

At the hour of my death, call me.

And bid me come to you,

to praise you with all your saints

for ever and ever.

Amen.