

# Session 1 – Jesus Send the Holy Spirit

**Main Objectives:** After this session, students should recognize that:

1. Pentecost is when Jesus sent the Holy Spirit upon the Apostles. This was the beginning of the mission of the church.
2. The Holy Spirit is the third divine Person of the Holy Trinity. He is the love between the Father and the Son.
3. The Holy Spirit comes to dwell in our hearts at Baptism. He makes us holy by restoring in us the divine likeness lost through sin & making us like Jesus.
4. Water, fire, a dove, and wind are symbols of the Holy Spirit.
5. The Holy Spirit guides the Church, especially the Magisterium, the teaching office of the church.

Here are some notes on teaching this chapter of the confirmation book:

- read & discuss
  - pg 5
- watch & discuss
  - You are Sent chapter video
- look at "*Jesus timeline review*" to remember Jesus' activities from Palm Sunday to Pentecost.
- read & discuss (use Q&A from website if need)
  - pgs 6-9
  - pg 10
- complete "*Who is the Holy Spirit*" worksheet:
  - read the bible passages,
  - discuss what form the Holy Spirit is taking in the passage,
  - write what event is happening (ex. Baptism of Jesus) in the box.
- read & discuss
  - pg 11.
- complete (optional) activities
  - pgs 12-13.
- complete & discuss
  - pg 14
- read & discuss pg 15.
- watch "*What children/parents can expect*" VIDEO, which shows what their Confirmation & 1<sup>st</sup> Communion will be like at the Cathedral in Springfield.
- HOMEWORK for next week:
  - Read the story on page 16-18 and discuss.
  - Read next chapter, pgs 19-25.

**TEACHING SUPPORT MATERIALS** can be found on the Confirmation page of our website:

- Discussion questions (Q&A), video links, and "*additional materials*".

<https://www.stcparish.org/faith-formation/youth-faith-formation/confirmation.html>

## Session 2 – The Gifts and Fruits of the Holy Spirit

**Main Objectives:** After this session, students should recognize that:

1. Jesus promised to send the Holy Spirit as our Helper, Advocate, and Counselor.
2. The Holy Spirit gives us his Seven Gifts in Baptism and strengthens them in Confirmation: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.
3. The Holy Spirit gives different charisms to each baptized person for the good of the whole church.
4. When we know and use the Gifts of the Holy Spirit, they produce the Fruits of the Holy Spirit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Here are some notes on teaching this chapter of the confirmation book:

- Review Chapter 1:
  - Quiz
  - story
- read & discuss (use Q&A from website if need)
  - pg 19
  - pg 20-21
- watch & discuss
  - You are Sent chapter video
- read & discuss
  - pg 22-25 and view pdf 1,2 from website
- Complete (optional)
  - Pgs 26-27
- Complete & discuss
  - pg 28
- read & discuss
  - pg 29
- HOMEWORK for next week:
  - read story pg 30-32
  - View Holy Spirit Video series (link on our website)
  - Read next chapter pgs 33 - 41

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## Session 3 – The Sacrament of Confirmation

**Main Objectives:** After this session, students should recognize that:

1. The bible tells us about the Apostles conferring the Sacrament of Confirmation in the very early church.
2. In Confirmation we sacramentally receive the same grace and power of the Holy Spirit that the Apostles received at Pentecost. Confirmation ...
  - a. Completes the graces we received in Baptism
  - b. Gives us an indelible mark or seal of the Holy Spirit in our soul.
  - c. Unites us more closely to Jesus and helps us to be more like Him.
  - d. Increases the 7 Gifts of the Holy Spirit in us to help us by holy followers of Jesus.
  - e. Unites us more closely to God's family, the Church.
  - f. Gives us the power of the Holy Spirit to go out and be witnesses to Jesus through our words and actions. – just like the Apostles at Pentecost.
3. We choose a Confirmation sponsor to witness the Christian life to us and help us live it.
4. We choose a Confirmation saint to be an example to us and to intercede for us.

Here are some notes on teaching this chapter of the confirmation book:

- Review Chapter 2:
  - Quiz
  - story
- read & discuss (use Q&A from website if need)
  - pg 33
- watch & discuss
  - You are Sent chapter video
- read & discuss
  - pg 34-36
  - discuss Bishop Paprocki via "Bio and pictures" and "pdf"
  - pg 36-39
- Complete (optional)
  - Pgs 40-41 & play with wax seal
- Complete & discuss
  - pg 42
- read & discuss
  - pg 43
- HOMEWORK for next week:
  - read story pg 44-46
  - Read next chapter pgs 47-62

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## Session 4 – Receiving the Sacrament of Confirmation

**Main Objectives:** After this session, students should recognize that:

1. Jesus breathed the Holy Spirit on his Apostles on Easter Sunday.
2. In Confirmation we receive the same Spirit of peace that Jesus gave to His Apostles.
3. The actions, materials, and words that make up the Rite of Confirmation are signs that reveal to us the grace that is given in the sacrament.
4. The laying on of hands is a sign of calling down the Holy Spirit & his 7 Gifts on a person.
5. The anointing with Sacred Chrism is a sign of the permanent seal of the Holy Spirit and his presence and power in our souls.

Here are some notes on teaching this chapter of the confirmation book:

- Review Chapter 3:
  - Quiz
  - story
- read & discuss (use Q&A from website if need)
  - pg 47 & 48-49
- watch & discuss
  - You are Sent chapter video
- read & discuss (use Q&A from website if need)
  - pg 50-53, 54, 55
- Complete
  - Pgs 56 & 57
- RE- watch video
  - Review Rite of Confirmation & practice with each other
- Complete & discuss
  - pg 58
- read & discuss
  - pg 59
- HOMEWORK for next week:
  - read story pg 60-62
  - Read ALL of the next chapter pgs 63-76
- Walk to church to practice the Rite of Confirmation & smell the Holy Oils

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## Session 5 – Sent on a Mission

**Main Objectives:** After this session, students should recognize that:

1. Jesus sent his Apostles out into the world to preach the Good News to all nations and baptize them, this is called the Great Commission.
2. Through Baptism and Confirmation, Jesus sends each of us on a mission to witness to him and help build up the church.
3. Jesus is always with us through the Church and the sacraments to help us on our mission.
4. The Eucharist is the source and summit of the Christian life.
5. We share God's love by serving others through the Corporal and Spiritual Works of Mercy.

Here are some notes on teaching this chapter of the confirmation book:

- read & discuss
  - pg 63
- watch & discuss
  - You are Sent chapter video
- read & discuss (use Q&A from website if need)
  - pgs 64-65
  - pgs 66-68
  - *Display "Works of Mercy" supplemental handout on screen*
  - pg 69
- complete (optional) activities
  - pgs 70-71.
- complete & discuss
  - pg 72
- read & discuss
  - pg 73.
- HOMEWORK for next week:
  - Read the story on page 74-76 and discuss.
- Discuss DUE DATES for requirements:
  - Due Nov. 12
    - Registration Form
    - Sponsor Form
    - Questionnaire
- Distribute "You are Loved" student books
  - Read chapter 1 of You are Loved for Oct. 15.

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