

# YOU ARE FORGIVEN – LESSON PLANS

## Session 1 – God Is Our Loving Father

### OBJECTIVES

1. God is our loving Father who created all things good.
2. God creates man & woman in his image & likeness so he can share his life w/us.
3. Satan tempted A&E to not trust in God's love for them.
  - Adam & Eve disobeyed God's command.
4. Because of Adam & Eve's disobedience, we all suffer the consequences of Original Sin,
  - which includes our fallen nature & a broken r-ship w/God.
5. Because of His love for us, God promised to send a savior to restore our friendship w/Him.

Here are some notes on teaching this chapter of the Reconciliation book:

- Discuss – What is Reconciliation & why do we need it?
- Review schedule, book, webpage
- read & discuss
  - pg 5
- watch & discuss
  - You are Forgiven chapter video
- read & discuss (use Q&A from website if need)
  - pgs 6-7
  - pg 8-10
  - pg 11
- complete (optional) activities
  - pgs 12-13.
- complete & discuss
  - pg 14
- read & discuss
  - pg 15.
- We will tour the outside church grounds – weather permitting.
- HOMEWORK for next week:
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.

**TEACHING SUPPORT MATERIALS** can be found on the Reconciliation page of our website:

- Discussion questions (Q&A), video links, and "*additional materials*".

<https://www.stcparish.org/faith-formation/youth-faith-formation/reconciliation.html>

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## Session 2 – God Reveals His Saving Plan

### OBJECTIVES

1. After the Fall, God begins his loving plan of salvation.
2. Starting w/Abraham, God begins to form a Chosen People.
3. God makes covenants with his people that show them his great love.
4. After freeing his people from slavery,
  - God gives Moses the 10 Commandments to show us how to live happily.
5. The Old Testament prepares us for the coming of Jesus.

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews.
- Discuss last week's story
- read & discuss
  - pg 19
- read & discuss (use Q&A from website if need)
  - pgs 20-21
  - pg 22-24
  - pg 25
- watch & discuss
  - You are Forgiven chapter video
- complete (optional) activities
  - pgs 26-27.
- complete & discuss
  - pg 28
- read & discuss
  - pg 29.
- We will tour the inside church.
- HOMEWORK for next week:
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.

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# YOU ARE FORGIVEN – LESSON PLANS

## Session 3 – Jesus Comes to Save Us

### **OBJECTIVES**

1. God the Father sent his Son to save us.
2. The Incarnation: The Son of God became man to save us from our sin
3. Jesus establishes the Church as the Kingdom of God on earth.
4. Jesus saves us from our sins through his Suffering, Death & Resurrection.

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews.
- Discuss last week's story
- watch & discuss
  - You are Forgiven chapter video
- pray, read & discuss
  - pg 33
- read & discuss (use Q&A from website if need)
  - pgs 34-35
  - pg 36-38
  - pg 38, 39
- complete (optional) activities
  - lamb craft
  - pgs 40,41
- complete & discuss
  - pg 42
- read & discuss & pray
  - pg 43.
- Maybe go into church to look at the crucifix.
- HOMEWORK for next week:
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.

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# YOU ARE FORGIVEN – LESSON PLANS

## Session 4 – The Church Continues

### **OBJECTIVES**

1. Jesus establishes the Church to continue his mission on earth.
2. Jesus gave his Church the 7 sacraments.
  - Jesus continues to share his life with us through the sacraments.
3. Through Baptism we die to our sins and rise to new life in Christ.
4. Baptism makes us part of God's family and sharers in Christ's saving mission.

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews.
- Discuss last week's story
- pray, read & discuss
  - pg 47
- read & discuss (use Q&A from website if need)
  - pgs 48-49
  - pg 50-52
  - pg 53, 54
- watch & discuss
  - You are Forgiven chapter video
- complete (optional) activities
  - pgs 55
- complete & discuss
  - pg 56
- read & discuss & pray
  - pg 57.
- Go into church to look at where the Sacraments take place.
- HOMEWORK for next week:
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.

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## Session 5 – Life in Christ

### OBJECTIVES

1. God gives us his laws because he wants what is good for us.
2. Sin is a choice against loving God & neighbor.
3. Mortal sin breaks our relationship with God;
  - venial sin hurts our relationship with God, but does not break it.
4. Our conscience is God's gift that helps us to do good and avoid evil.
5. Our conscience needs to be formed according to God's Word.
6. When we sin, we must repent & ask God for forgiveness.

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews.
- Discuss last week's story
- pray, read & discuss
  - pg 61, 62-63
- watch & discuss
  - You are Forgiven chapter video
- read & discuss (use Q&A from website if need)
  - pgs 64-6648-49
  - pg 67
  - **Discuss "Examination of Conscience"**
- complete (optional) activities
  - pgs 68, 69
- complete & discuss
  - pg 70
- read & discuss & pray
  - pg 71.
- HOMEWORK for next week:
  - **Examine your conscience each night –parent teach how to do this**
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.
- **NOTE:**
  - **PARENT ONLY class starting soon: Sundays: Nov. 26, Dec 3, 10 9:35 am**
  - **PARTY – Sun. Dec. 17 during PSR**

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# YOU ARE FORGIVEN – LESSON PLANS

## Session 6 – The Sacrament of Reconciliation

### OBJECTIVES

1. Jesus forgives our sins in the Sacrament of Reconciliation.
2. Jesus institutes the Sacrament of Reconciliation so we can know his forgiveness & mercy:
  - "Receive the Holy Spirit.
  - If you forgive the sins of any, they are forgiven;
  - if you retain the sins of any, they are retained."
3. Jesus is really present & acting through the priest to forgive our sins in the Sacrament of Reconciliation.
4. The Sacrament of Reconciliation
  - forgives our sins,
  - restores sanctifying grace, &
  - gives us grace to avoid future sins.

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews & quiz.
- Discuss last week's story
- watch & discuss
  - You are Forgiven chapter video
- pray, read & discuss
  - pg 75
- read & discuss (use Q&A from website if need)
  - pgs 76-77, 78-80, 81
- complete (optional) activities
  - pgs 82, 83
- complete & discuss
  - pg 84
- read & discuss & pray
  - pg 85.
- HOMEWORK for next week:
  - **Examine your conscience each night –parent teach how to do this**
  - Read this chapter's story and discuss.
  - Read next chapter in preparation for our next class.
- **NOTE:**
  - **PARENT ONLY class starting soon: Sundays: Nov. 26, Dec 3, 10 9:35 am**
  - **PARTY – Sun. Dec. 17 during PSR**
- Role Play
  - Find Reconciliation handout & Examine your Conscience & write down sins
  - Go to Church and role Play

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# YOU ARE FORGIVEN – LESSON PLANS

## Session 7 – Celebrating Reconciliation

### OBJECTIVES

1. 7 Steps for going to confession.
2. The Examination of Conscience: We ask the HS to reveal our sins & to help us make a good confession.
3. Confession of Sins: We tell the priest our sins, starting w/the most serious sins.
4. Penance: We receive a penance from the priest to make satisfaction for our sins.
5. Absolution: The priest gives us absolution for our sins & the HS comes to forgive us of our sins..

Here are some notes on teaching this chapter of the Reconciliation book:

- Review all past chapters with session overviews & quiz.
- Discuss last week's story
- pray, read & discuss
  - pg 89
- read & discuss (use Q&A from website if need)
  - pgs 90-91
- watch & discuss
  - You are Forgiven chapter video
- read & discuss (use Q&A from website if need)
  - pgs 92-94, 95
- complete (optional) activities
  - pgs 96, 97
- complete & discuss
  - pg 98
- read & discuss & pray
  - pg 99.
- HOMEWORK for next week:
  - **Examine your conscience each night –parent teach how to do this**
  - Practice The Rite of Confession
  - Sign up for time slot on Dec. 10 – Review current schedule
- **NOTE:**
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  - **PARTY – Sun. Dec. 17 during PSR**
- Role Play
  - Find Reconciliation handout & Examine your Conscience & write down sins
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3. Satan tempted A&E to not trust in God's love for them.
  - Adam & Eve disobeyed God's command.
4. Because of Adam & Eve's disobedience, we all suffer the consequences of Original Sin,
  - which includes our fallen nature & a broken r-ship w/God.
5. Because of His love for us, God promised to send a savior to restore our friendship w/Him.

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7. Through Baptism we die to our sins and rise to new life in Christ.
8. Baptism makes us part of God's family and sharers in Christ's saving mission.



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7. God gives us his laws because he wants what is good for us.
8. Sin is a choice against loving God & neighbor.
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10. Our conscience is God's gift that helps us to do good and avoid evil.
11. Our conscience needs to be formed according to God's Word.
12. When we sin, we must repent & ask God for forgiveness.

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